**Chapter 3 Multiple Intelligences Questionnaire**

Since 1900, when Alfred Binet developed the first 'intelligence test', which was to measure 'I.Q.', such assessments have focused primarily on a very partial and limited definition of intelligence. Recent cognitive psychology research by Howard Gardener shows that intelligence needs to be understood more broadly and embraces more capabilities than had previously been recognised. This checklist provides a simple and easy appraisal of some of your preferred multiple intelligences.

***There are seventy-seven multiple intelligence characteristics listed below. Read each description and mark with a tick in column A for those characteristics that really 'fit' you****. Ignore column B for now.*

| **A** | **B** |  |
| --- | --- | --- |
|  | 1 | Thinks in visual images. |
|  | 2 | Learns best by acting things out, and doing them. |
|  | 3 | Is 'street-wise'. |
|  | 4 | Has a deep awareness of inner feelings, dream and ideas. |
|  | 5 | Plays a musical instrument or sings during free time. |
|  | 6 | Spells words easily and accurately. |
|  | 7 | Enjoys computers and/or technology. |
|  | 1 | Learns best by seeing and observing. |
|  | 2 | Shows talent in sewing, woodworking, pottery, etc. |
|  | 3 | Enjoys loosely structured group activities where talking is allowed. |
|  | 4 | Has a quality of inner wisdom and intuitive ability. |
|  | 5 | Collects records, tapes, or CDs. |
|  | 6 | Enjoys playing with words: puns, silly lyrics, etc. |
|  | 7 | Enjoys logical rules and formulas. |
|  | 1 | Remembers faces easily. |
|  | 2 | Has good physical co-ordination |
|  | 3 | Has a lot of empathy for others’ feelings. |
|  | 4 | Lives in own private world, in search of personal goals. |
|  | 5 | Keeps time rhythmically to music. |
|  | 6 | Likes crossword puzzles, games like Scrabble or Hangman. |
|  | 7 | Good memory for principles and theories. |
|  | 1 | Good at doing jigsaw puzzles or mazes. |
|  | 2 | Communicates well via gestures and body language. |
|  | 3 | Often mediates conflicts for family, friends, co-workers, etc. |
|  | 4 | Has strong opinions when controversial topics are discussed. |
|  | 5 | Remembers facts best when they are put to music. |
|  | 6 | Likes to spin tall tales or tell jokes and stories. |
|  | 7 | Favours science-fiction or mysteries for reading materials. |
|  | 1 | Chooses art activities or building things during free time. |
|  | 2 | Moves, taps, and fidgets when seated. |
|  | 3 | Likes being involved in group games or activities. |
|  | 4 | Independent-minded in style of dress, behaviour or attitude. |
|  | 5 | Turns to music to express feelings. |
|  | 6 | Performs well on paper and pencil tests. |
|  | 7 | Gets comments like: 'So brainy'. 'Very smart'. 'So quick'. |
|  | 1 | Enjoys movies, slides, videos, photography, etc. |
|  | 2 | Engages in physical activities: swimming, hiking, running, tennis, golf, etc. |
|  | 3 | Socialises a great deal at work, in the neighbourhood, etc. |
|  | 4 | Likes to be alone to pursue personal interest, hobby or project. |
|  | 5 | Makes up lyrics, raps, and/or tunes. |
|  | 6 | Gets comments like: 'So witty'. 'Very verbal'. 'Very bright'. |
|  | 7 | Thinks conceptually (categorising, making hypotheses). |
|  | 1 | Knows where everything is located in house, office, etc. |
|  | 2 | Prefers stories with lots of action. |
|  | 3 | Understands people well. |
|  | 4 | Has a quiet, but strong sense of self-confidence. |
|  | 5 | Performance and/or composition brings comments like: 'So talented'. 'So musical'. |
|  | 6 | Thinks in words. |
|  | 7 | Learns best by exploring patterns and relationships, actively manipulating environment, experimenting in orderly ways. |
|  | 1 | Enjoys machines, contraptions, and sometimes builds her/his own. |
|  | 2 | Touches people when talking to them. |
|  | 3 | Knows what is going on with co-workers (which are getting along, which aren’t, etc). |
|  | 4 | Gets comments like: 'Unique personality'. 'Knows self well'. 'Insightful'. 'Deep'. |
|  | 5 | Often sings, hums or whistles tunes to self. |
|  | 6 | Learns best by verbalising and hearing words. |
|  | 7 | Constantly questioning and wondering about natural events ('Where does the universe end?' 'When did time begin?') |
|  | 1 | Easily understands maps, charts, and diagrams. |
|  | 2 | Cleverly pantomimes people’s gestures and behaviours. |
|  | 3 | Gets comments like: 'Great listener'. 'So supportive'. 'Real friend'. 'Insightful'. |
|  | 4 | In touch with his/her feelings. |
|  | 5 | Often moves and sings along with music. |
|  | 6 | Likes to write. |
|  | 7 | Enjoys brain teasers, logical puzzles and games requiring reasoning, like chess. |
|  | 1 | Daydreams a lot. |
|  | 2 | Body movements bring comments like: 'So graceful'. 'Very athletic'. 'Great dancer'. |
|  | 3 | Thinks by talking. |
|  | 4 | Learns best when working on independent activities. |
|  | 5 | Has strong opinions about music played around her/him. |
|  | 6 | Has good memory for names, dates, details. |
|  | 7 | Capable of highly abstract forms of logical thinking. |
|  | 1 | Artwork gets comments like 'So creative'. So talented'. |
|  | 2 | Thinks best by doing, moving and tuning into bodily sensations. |
|  | 3 | Learns best through teamwork, study groups etc. |
|  | 4 | Has a definite personality and strong sense of autonomy and/or discipline. |
|  | 5 | Sensitive to non-verbal environmental sounds. |
|  | 6 | Enjoys reading in free time. |
|  | 7 | Calculates mathematical problems quickly. |

Once you have completed inserting ticks in column A for those items that 'fit' for you, go back to the beginning of the checklist. In column B you will notice that the numbers run in cycles of seven.

Now you want to record below how many ticks you have entered for each of the seven groups. Count all the ticks identified as 1’s in Column B and place the total in the space below. Then all the 2’s you have ticked in Column B. Continue until you have completed all the seven groups.

TOTALS

 Number of 1’s ………………… *Visual/Spatial*

Number of 2’s ………………… *Bodily/Kinaesthetic*

 Number of 3’s ………………… *Interpersonal*

 Number of 4’s ………………… *Intrapersonal*

 Number of 5’s ………………… *Musical*

 Number of 6’s ………………… *Linguistic*

 Number of 7’s ………………… *Logical/Mathematical*

The above is a snapshot of your natural learning intelligences. It is not a measure of IQ, or competence, or any other quotient, rather it is intended to assess your preferred learning modes and their relative strengths compared to one another.

The source of this questionnaire is unknown.